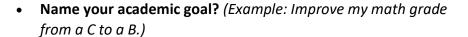
### 1. Academic Goals

## **Goal Setting:**





- Why is this goal important to you? (Example: I want to feel more confident in math and understand the subject better.)
- **How will you achieve this goal?** (List 3-5 action steps, e.g., "Practice math problems 15 minutes daily" or "Attend tutoring every week.")
- When will you review your progress? (Example: At the end of each month, or after each test.)

#### 2. Personal Goals

# **Goal Setting:**

- What is a personal goal you want to work on? (Example: Build confidence in public speaking.)
- Why is this goal important to you? (Example: I want to be able to present my ideas confidently in class and feel proud of myself.)
- **How will you work toward this goal?** (List 3-5 action steps, e.g., "Practice speaking in front of the mirror," "Record myself and review," "Join a school club where I can practice.")
- When will you check your progress? (Example: At the end of the semester or after each time I practice.)

#### 3. Career and Future Goals

## **Goal Setting:**

- What is one career or skill you're interested in learning more about? (Example: I'm interested in becoming a veterinarian.)
- Why does this career interest you? (Example: I love animals and want to help take care of them.)
- What skills or subjects will help you with this career? (Example: Biology, animal science, teamwork.)
- Action Steps to Learn More: (Choose 2-3 ways to explore)
  - o Talk to someone who works in this field.
  - o Join a related club or after-school activity.
  - o Read a book or watch a video about this career.

4.	Action	Plan	and	<b>Progress</b>	Check-In
----	--------	------	-----	-----------------	----------

• List your actions for this week:

11100	/ IN	, Actionci
VVEE	ĸıv	Actions:
	,	

1				

2				

2			
3.			

# **Monthly Reflection:**

- What progress did you make toward your goals this month? (Example: I was able to complete my weekly actions for math practice.)
- What challenges did you face? (Example: I found it hard to stay motivated.)
- What will you try next month to stay on track? (Example: I'll set reminders or work with a friend.)

Student Signature:	Date:	
Parent Signature:	Date:	