If Money Was No Object, What Would You Do with Your Life?



Step 1: Imagine Your Ideal Life

Take a few minutes to imagine your life where money is not an issue.

You have all the resources you need to live the life of your dreams. Answer these questions as if there are no limits on what you can do.

1. What would a typical day look like for you?

(Describe how you'd spend your morning, afternoon, and evening. Would you be outdoors? Working on a project? Creating something?)

2. What would you be doing with your time?

(Would you be learning, exploring, teaching, helping others, traveling? Write down any and all activities that come to mind.)

3. Where would you live?

(Would you be in a bustling city, a quiet village, near the beach, in the mountains, or maybe traveling full-time?)

4. Who would be with you?

(Describe who you'd be spending your time with. Friends, family, mentors, animals, or working independently?)

Step 2: Identify Your Passions

Explore what activities and causes light you up, even if they seem impossible or unrelated to your current path.

- 1. What hobbies or activities bring you joy right now? (Examples: painting, coding, playing sports, writing, spending time with animals, exploring nature)
- 2. What topics or issues are you passionate about? (Examples: the environment, helping others, health, education, innovation)
- 3. If you could master any skill, what would it be and why? (Examples: becoming fluent in another language, learning to play an instrument, mastering a craft)

Step 3: Discover Your Dream Career

Imagine that you can pursue any career, project, or creative endeavour. Answer these questions with whatever comes to mind, no matter how big or small.

- 1. If you could try any job for a year, what would it be? Why? (Examples: marine biologist, chef, video game designer, teacher, entrepreneur)
- 2. What problem or challenge in the world would you like to help solve? (Examples: climate change, equal access to education, helping animals, creating innovative technology)
- 3. What do you feel naturally talented at or enjoy doing? How could this translate into a career?

(Examples: good at listening to others, enjoys building things, loves taking photos)

Step 4: Bring It Together

Based on your answers above, summarize your vision.

- What would your dream life look like, even if money didn't matter? (Example: I'd be traveling the world, capturing photos of wildlife, and writing books on conservation.)
- What is one small step you could take today to work toward this vision? (Example: Research a local wildlife organization, start learning about conservation, or begin a personal blog.)

Reflection and Next Steps

Takeaways:

- What did you learn about yourself through this exercise?
- How can you start incorporating elements of your dream life into your current life?